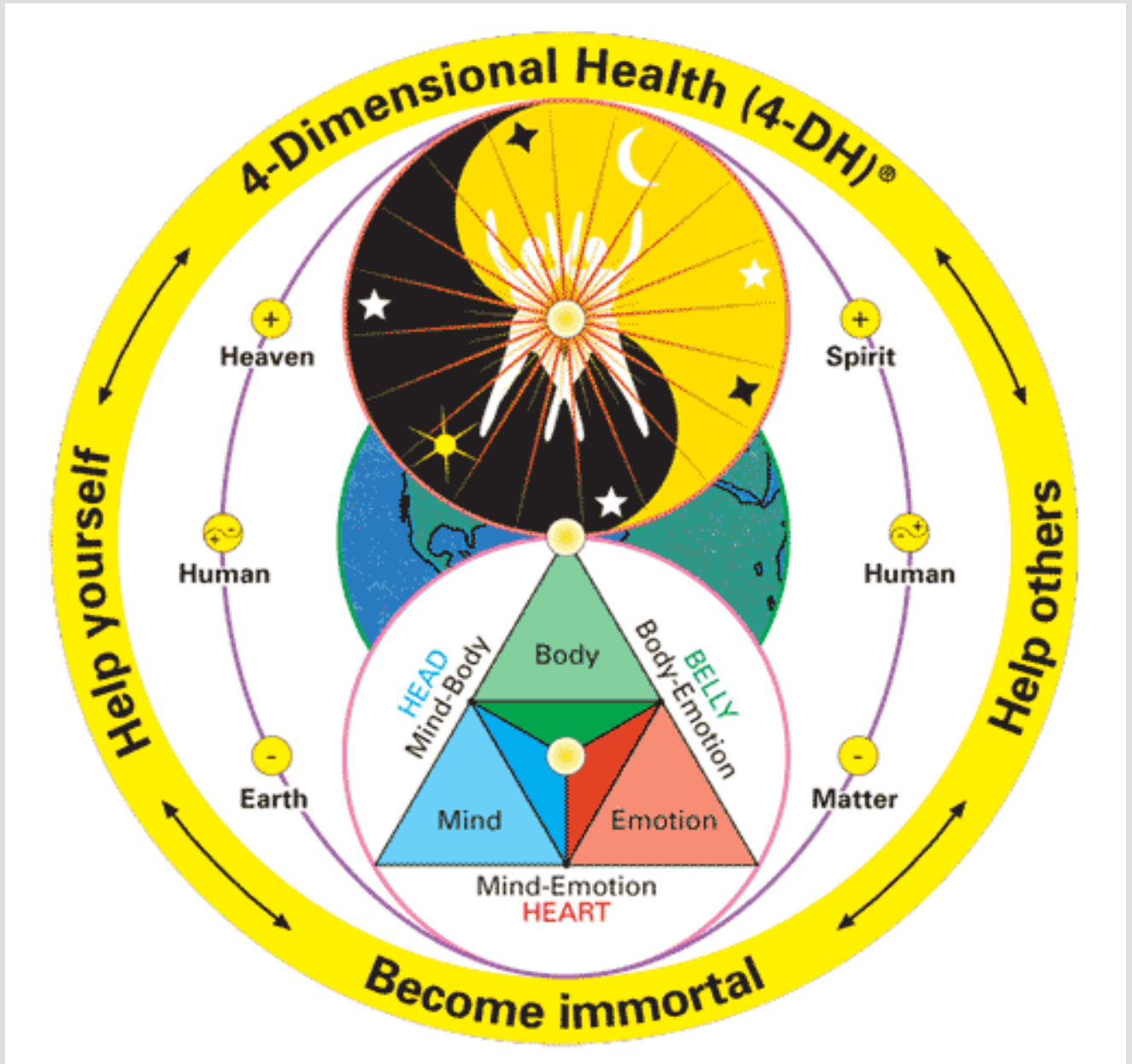


SPIRITUAL HEALTH SCIENCE (SHS)



To enjoy being in Source with yourself and others in living our unique purposes serving the world in flow and joy to create health-love-wealth for ALL - IS ONE

SPIRITUAL HEALTH SCIENCE (SHS) MANUAL

<u>PART I</u>	<u>OVERVIEWS</u>	01	Content
		02	Title Pages - XLS Charts – Drawings - Pictures
		03	Special Charts – Power Points - Book List
			Exercises
<u>PART II</u>	<u>INTRODUCTIONS</u>	04	Gratitude, Change, Information
		05	Spiritual Health Science - SHS
		06	Paradigms on Health and Aging
		07	4 Dimensions of Human Health
		08	Start – up - Support
		09	SHS - Mandala
		10	SHS - Definitions
<u>PART III</u>	<u>INSIGHTS</u>	11	Mystery of Life existence
		12	Awareness of 3 Life Cycles
		13	Self-Motivation
		14	From Mortality to Immortality
<u>PART IV</u>	<u>PURPOSE</u>	15	Two path in one
		16	Life Purposes
<u>PART V</u>	<u>CONCEPTS</u>	17	Matrixes, Principles and Laws
		18	Meeting Points
		19	Energy Science
<u>PART VI</u>	<u>TOOLS</u>	20	Awareness Chain
		21	6 Life Time Task Fields
		22	Awareness questions
<u>PART VII</u>	<u>FLOW IN JOY TO 4-DH</u>	23	Who am I today?
<u>PART VIII</u>	<u>4 DIMENSIONS OF HEALTH</u>	24	Body
		25	Mind
		26	Emotion
		27	Spirit
<u>PART VIII</u>	<u>6 LIFE TIME TASK FIELDS</u>	28	Individual
		29	Relationship
		30	Group
		31	World
		32	Universe
		33	Source

**How to create health, love and wealth for all by
choosing to live in 4-dimensional health
and in joyful celebration**